



Newsletter

Together we can empower each other

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Issue 13

Health Research



We had Shirin Shahid from health watch come and visit us to run a research project about health.

Health watch is an independent company that find out about local health services and listen to people experiences of using them to help to make improvements in the future. They will also then help guide people to the services or support that will be most beneficial to people.

She wanted to find out more about our experience with the local GP service so the information can be used to make improvements in the future.



We talked about some of the benefits we have got group the GP. We also talked about things we may want to change. Some of the problems we mentioned where the appointments being over the phone. This can make it hard to get your point across to the GP and it hard to connect with them